

## Coral Calcium

In the beginning of time the origin of ALL living things began in the ocean. One of the most primitive organisms is coral. Coral reefs are formed over thousands of years with thousands of different types of coral. Some reefs build up into islands like in Okinawa, Japan.

The waves and the weather gradually wear these reefs away. Coral enters the food chain of the coral reef inhabitants. The ground up coral sinks to the seabed where it mingles with the water and its contained mineral and plant life. The coral is altered by thousands of living organisms to contain all of the mineral nutrients of the sea as well as its original nutrients of life. This powerhouse is known around the world as '**Coral Calcium**'.

Okinawa has among the most healthy, longest living people in the world. It is not uncommon to meet someone who is over 100 years old in Okinawa. The same is true of mineral rich environments of Hunza, Vilacambans and Tibetans. According to legend, the people of Okinawa discovered that the chickens that pecked at the reefs laid twice as many eggs, and that the eggs were delicious. When they fed the ground up coral found on the seabed to their animals, the chickens continued to lay twice as many eggs, the pigs flourished and the cows gave twice as much milk. When they put this coral in their soil, they noted their yields of crops increased as much as 300%. What was good for the animals and the land soon became good for the Okinawans. The result was almost immediate as disease started to become less common.

As a result, their history records, an "**EXODUS**". This was the year the doctors left Okinawa as folklore suggests, because of the health and longevity of the Okinawans. It is stated that their aging process began to slow down and they all began to live much longer, healthier lives. Their secret was discovered by the European explorers who filled their ship holds with coral sand. They discovered that the main ingredient of the sand was calcium, and named it "**CORAL CALCIUM**".

The world's oldest pharmacy, a historic monument in Spain, sold coral calcium as one of the world's first remedies of natural origin. By the turn of the 20th century, the consumption of coral calcium from Okinawa had spread to mainland Japan and to China. Today, thousands of people in Europe and the U.S. consume coral calcium daily. The mineral rich environment of Okinawa due to the presence of coral calcium has become a key factor in helping to explain health and long life in Okinawa. There are many medical testimonials about the curative properties of coral calcium.

Dr. Paul recommends starting with a liquid base Coral Calcium to quickly and safely energize your body. Liquid base Coral Calcium will allow the nutrients to get directly into the bloodstream. 2oz a day is all you need as a daily supplement although not like regular Calcium which you can take too much, Coral Calcium is bioavailable, and the body does not store up but releases through urine easily so you cannot overdose or take too much. One important fact is that Calcium cannot be absorbed into the body without Magnesium and Coral Calcium has one of the richest forms of Magnesium right out of the sea. Lastly, make sure your liquid base Coral Calcium is from Okinawa and remember just adding it to your water will Alkalize the water to as high as 8.0 PH. Amazing!!! (See previous articles on PH Balance). Scientists have also found that over 200 degenerative diseases are linked to Mineral Deficiency - including cancer, diabetes, arthritis, heart disease, gall and kidney stones, and many more.